

Lesson Plan (Voice Lesson)

Student Age: 5 and up

Lesson 1: “Dance of the Sugar Plum Fairy”

Objective: Focus on articulation, vocal staccato, and breath control.

- **Listening Assignment:** Listen to “*Dance of the Sugar Plum Fairy*” and focus on how the melody feels light and delicate.
 - **Activity:** Practice vocal staccato exercises using short, quick notes (e.g., “ha-ha-ha”).
 - **Vocal Practice:** Sing a simple melody using staccato to mimic the lightness of the music.
 - **Creative Activity:** Encourage students to imagine a fairy character while singing.
 - **Wrap-up:** Discuss how staccato can create a magical effect in music.
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Lesson 2: “March”

Objective: Learn about rhythm, projection, and dynamics.

- **Listening Assignment:** Listen to “*March*” and clap to the beat, focusing on the march-like rhythm.
 - **Activity:** Practice projecting the voice in both loud (forte) and soft (piano) dynamics.
 - **Vocal Practice:** Sing a simple song with a strong rhythm, alternating between forte and piano.
 - **Creative Activity:** March in place while singing, keeping time with the beat.
 - **Wrap-up:** Discuss how dynamics change the mood and energy of the song.
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Lesson 3: “Waltz of the Flowers”

Objective: Introduce legato singing and phrasing in 3/4 time.

- **Listening Assignment:** Listen to “*Waltz of the Flowers*” and identify the flowing, smooth phrases.
- **Activity:** Practice legato exercises by singing long, connected phrases.
- **Vocal Practice:** Sing a simple melody in 3/4 time, focusing on smooth transitions between notes.
- **Creative Activity:** Use gentle arm movements to emphasize the flow of the waltz rhythm while singing.
- **Wrap-up:** Discuss how legato singing helps create a graceful, flowing sound.

Lesson 4: “Russian Dance (Trepak)”

Objective: Focus on tempo and enunciation in fast passages.

- **Listening Assignment:** Listen to “*Russian Dance*” and notice the fast tempo and accents.
 - **Activity:** Practice singing short, fast passages with clear enunciation (e.g., tongue twisters).
 - **Vocal Practice:** Sing a fast-paced melody, focusing on clarity and control.
 - **Creative Activity:** Move or dance while singing to feel the energy of the music.
 - **Wrap-up:** Discuss how speed and clear enunciation make the performance exciting.
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Lesson 5: “Arabian Dance”

Objective: Explore legato phrasing, slow tempo, and mood creation.

- **Listening Assignment:** Listen to “*Arabian Dance*” and discuss its calming, mysterious mood.
- **Activity:** Practice breath control and long, smooth vocal phrases.
- **Vocal Practice:** Sing a melody with a slow tempo, focusing on maintaining legato and consistent breath support.
- **Creative Activity:** Encourage students to create a “story” in their mind as they sing to enhance expression.
- **Wrap-up:** Reflect on how vocal techniques can create different moods in music.

LISTENING ASSIGNMENT LIST

Dance of Sugar Plum Fairy:

[Instrumental]: <https://www.youtube.com/watch?v=gFjveJ5sgeQ>

[Ballet Performance]: <https://www.youtube.com/watch?v=zV1qLYukTH8>

March:

[Instrumental]: <https://www.youtube.com/watch?v=9t1AeJm7XF0>

[Ballet Performance]: <https://www.youtube.com/watch?v=lfCSIE2tQco>

Waltz of Flower:

[Instrumental]: <https://www.youtube.com/watch?v=Zp1aDnVySf8>

[Ballet Performance]: https://www.youtube.com/watch?v=_NWdj8PCdYE

Russian Dance:

[Instrumental]: <https://www.youtube.com/watch?v=TmQjhwsPRDE>

[Ballet Performance]: <https://www.youtube.com/watch?v=r-qVbWI5TYg>